



Göteborg Sim has the pleasure to invite you to the 37th edition of

ULLBERGSTROFÉN

28 – 30 April 2017

The competition takes place over 3 days in Valhallabadet, Goteborg Sweden
The competitions has heats and finals in the 50 meter 10 lane pool
and finals in the 25 meter 8 lane pool.

- Entries:** Entries should be made at the latest on Friday the 1st of April at 12:00 to kansli@goteborgsim.se We reserve the right to limit the number of heats in each event.
- Late entries:** Can be made depending on if the event is full or not.
- Entry fee:** 70 SEK / individual start and 90 SEK / relay. Start fees should be payed before the competition.
- The start list:** Will be published in week 14 on www.livetiming.se
- Scratches:** Scratches for Friday's heats should be made at the latest on Friday April 28th to kansli@goteborgsim.se at 12:00.
- Scoring:** Points are counted in the finals, 9,7,6,5,4,3,2,1. Double points in the relay
- Prizes:** Medals to the top three in each event, 12 000 SEK to the best club 8000SEK for second best club and 4000 SEK for the third best club in the Scoring. Awards to the best individual score according to Fina list in each age group, during the trial or finals.

Competition times:	Friday Session 1 heats and finals	Warm up 14.00-15.15 competition starts 15.30
	Saturday Session 2 heats and finals	Warm up 07.00-08.15 competition starts 08.30
	Saturday Session 3 finals	Warm up 13.15-14.30 Competition starts 14.45
	Sunday Session 4 heats and finals	Warm up 07.00-08.15 competition starts 08.30
	Sunday Session 5 finals	Warm up 13.00-14.15 Competition starts 14.30

Ullberg Office: Located at the entrance in Valhallabadet. Opening hours: Friday from 13:00, Saturday and Sunday from 07.30

Information: Göteborg Sims office
Valhallagatan 3
412 51 Goteborg, Sweden
E-mail kansli@goteborgsim.se
Homepage www.goteborgsim.se

Age groups: A: 18 years and older; B: 16-17 years, C: 14-15 years, D: 13 years and younger. Age groups are the age of the swimmer at 31 december 2017.

Liseberg: All swimmers and coaches will get one free admission to the amusement park Liseberg, se www.liseberg.se for information about the park.

Welcome to Goteborg and the 37th edition of Ullbergstrofén 2017



	Friday	28 April	15.30-18.30	50 m
Gren				
3	200 m	Free	Women	Direct Finals
4	100 m	Free	Men	Heats
5	100 m	Breast	Women	Heats
6	50 m	Breast	Men	Heats
7	100 m	Fly	Women	Heats
8	100 m	Back	Men	Heats
2	4*50 m	Medley	Mixed	Direct Finals 3 heats



	Saturday	29 April	8.30-12.00	50 m		Sunday	30 April	8.30-11.30	50 m	
Gren						Gren				
11	50 m	Back	Women	Heats	21	50 m	Breast	Women	Heats	
12	200 m	Fly	Men	Direct Finals	22	100 m	Fly	Men	Heats	
13	200 m	Medley	Women	Heats	23	100 m	Back	Women	Heats	
14	200 m	Breast	Men	Direct Finals	24	50 m	Back	Men	Heats	
15	50 m	Free	Women	Heats	25	200 m	Fly	Women	Direct Finals	
16	50 m	Fly	Men	Heats	26	200 m	Medley	Men	Heats	
17	200 m	Back	Women	Direct Finals	27	200 m	Breast	Women	Direct Finals	
18	200 m	Free	Men	Direct Finals	28	50 m	Free	Men	Heats	
19	100 m	Free	Women	Heats	29	50 m	Fly	Women	Heats	
20	100 m	Breast	Men	Heats	30	200 m	Back	Men	Direct Finals	

	Saturday	29 April	14.45-18.00	Final	25 m		Sunday	30 April	14.30-17.30	Final	25 m	
Gren							Gren					
4	100 m	Free	Men	Finals	A-D	19	100 m	Free	Women	Finals	A-D	
5	100 m	Breast	Women	Finals	A-D	20	100 m	Breast	Men	Finals	A-D	
6	50 m	Breast	Men	Finals	A-D	21	50 m	Breast	Women	Finals	A-D	
7	100 m	Fly	Women	Finals	A-D	22	100 m	Fly	Men	Finals	A-D	
8	100 m	Back	Men	Finals	A-D	23	100 m	Back	Women	Finals	A-D	
11	50 m	Back	Women	Finals	A-D	24	50 m	Back	Men	Finals	A-D	
13	100 m	Medley	Women	Finals		26	100 m	Medley	Men	Finals		
15	50 m	Free	Women	Finals	A-D	28	50 m	Free	Men	Finals	A-D	
16	50 m	Fly	Men	Finals	A-D	29	50 m	Fly	Women	Finals	A-D	
1	4*50 m	Medley	Mixed	Direct Finals 3 heats		10	4*50 m	Free	Mixed	Direct Finals 3 heats		